

Living Life Duathlon

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	BRIAN SLINGER	GREEN BAY, WI	M: 1	RUNNER	142	01:07:59.54	03:34	16.8mph	Overall Male Individual: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:19:03.49	06:08	9.8mph	00:19:03.49
				Transition 1		00:01:00.22	55:03	0.0mph	00:20:03.70
				16 Mile Bike Ride		00:39:18.65	02:27	24.4mph	00:59:22.35
				Transition 2		00:00:57.85	51:27	0.0mph	01:00:20.19
				Mile Run		00:07:39.35	07:39	7.8mph	01:07:59.54
2	SAMUEL KRIER	DE PERE, WI	M: 2	RUNNER	123	01:10:06.77	03:41	16.3mph	Overall Male Individual: 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:20:33.36	06:36	9.1mph	00:20:33.36
				Transition 1		00:01:02.79	04:00	0.0mph	00:21:36.15
				16 Mile Bike Ride		00:40:15.02	02:30	23.9mph	01:01:51.16
				Transition 2		00:00:49.46	06:23	0.0mph	01:02:40.61
				Mile Run		00:07:26.16	07:26	8.1mph	01:10:06.77
3	NATE WIRTH	MENASHA, WI	M: 3	RUNNER	153	01:10:40.87	03:43	16.1mph	Overall Male Individual: 3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:19:54.24	06:24	9.4mph	00:19:54.24
				Transition 1		00:00:54.26	15:16	0.0mph	00:20:48.49
				16 Mile Bike Ride		00:41:14.30	02:34	23.3mph	01:02:02.79
				Transition 2		00:00:43.98	39:35	0.1mph	01:02:46.77
				Mile Run		00:07:54.10	07:54	7.6mph	01:10:40.87
4	TONY NOVAK	APPLETON, WI	M: 4	RUNNER	135	01:10:55.47	03:43	16.1mph	Overall Male Individual: 4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:21:16.38	06:50	8.8mph	00:21:16.38
				Transition 1		00:00:46.21	39:19	0.0mph	00:22:02.58
				16 Mile Bike Ride		00:39:33.83	02:28	24.3mph	01:01:36.41
				Transition 2		00:00:44.88	03:37	0.0mph	01:02:21.28
				Mile Run		00:08:34.20	08:34	7.0mph	01:10:55.47
5	CHRISTIAN NISSEN	DE PERE, WI	M: 5	RUNNER	134	01:11:32.81	03:45	15.9mph	Overall Male Individual: 5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:20:55.71	06:44	8.9mph	00:20:55.71
				Transition 1		00:00:55.00	35:00	0.0mph	00:21:50.70
				16 Mile Bike Ride		00:39:59.59	02:29	24.0mph	01:01:50.29
				Transition 2		00:00:35.44	50:22	0.1mph	01:02:25.72
				Mile Run		00:09:07.10	09:07	6.6mph	01:11:32.81
6	PETER BUHR		M: 6	RUNNER	155	01:13:29.47	03:52	15.5mph	Overall Male Individual: 6
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:21:35.87	06:57	8.6mph	00:21:35.87
				Transition 1		00:00:33.08	47:02	0.1mph	00:22:08.94
				16 Mile Bike Ride		00:42:30.90	02:39	22.6mph	01:04:39.83
				Transition 2		00:00:28.16	35:12	0.1mph	01:05:07.99
				Mile Run		00:08:21.48	08:21	7.2mph	01:13:29.47
7	TEAM DUG 2P TEAM	WAUSAU, WI	: 1	2 PERSON TEAM	204	01:14:57.06	03:56	15.2mph	Overall 2 Person Team: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:18:56.48	06:05	9.8mph	00:18:56.48
				Transition 1		00:00:23.34	25:50	0.1mph	00:19:19.81
				16 Mile Bike Ride		00:48:20.51	03:01	19.9mph	01:07:40.32
				Transition 2		00:00:23.89	40:32	0.1mph	01:08:04.20
				Mile Run		00:06:52.86	06:52	8.7mph	01:14:57.06
8	SCOTT WILLMOTT	DE PERE, WI	M: 7	RUNNER	152	01:16:07.71	04:00	15.0mph	Overall Male Individual: 7
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:21:40.96	06:58	8.6mph	00:21:40.96
				Transition 1		00:01:18.20	57:25	0.0mph	00:22:59.16
				16 Mile Bike Ride		00:43:44.68	02:44	21.9mph	01:06:43.84
				Transition 2		00:01:03.15	13:35	0.0mph	01:07:46.98
				Mile Run		00:08:20.74	08:20	7.2mph	01:16:07.71
9	FINLAY AND SON 2P TEAM	DE PERE, WI	: 2	2 PERSON TEAM	201	01:16:44.04	04:02	14.9mph	Overall 2 Person Team: 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:17:22.05	05:35	10.7mph	00:17:22.05
				Transition 1		00:00:20.01	56:42	0.1mph	00:17:42.06
				16 Mile Bike Ride		00:51:56.95	03:14	18.5mph	01:09:39.00
				Transition 2		00:00:26.10	39:58	0.1mph	01:10:05.10
				Mile Run		00:06:38.94	06:38	9.0mph	01:16:44.04

Living Life Duathlon

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
10	THE DYNAMIC TRIO 3P TEAM	GREEN BAY, WI	: 3	3 PERSON TEAM	302	01:19:19.87	04:10	14.4mph	Overall 3 Person Team: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			5K Run	00:22:35.84		07:16		8.2mph	00:22:35.84
			Transition 1	00:00:19.05		30:49		0.1mph	00:22:54.89
			16 Mile Bike Ride	00:46:28.12		02:54		20.7mph	01:09:23.00
			Transition 2	00:00:12.13		25:16		0.2mph	01:09:35.13
			Mile Run	00:09:44.74		09:44		6.2mph	01:19:19.87
11	STACY HESS	GREEN BAY, WI	F: 1	RUNNER	120	01:19:23.60	04:10	14.4mph	Overall Female Individual: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			5K Run	00:23:26.66		07:32		8.0mph	00:23:26.66
			Transition 1	00:00:51.88		11:24		0.0mph	00:24:18.53
			16 Mile Bike Ride	00:44:50.31		02:48		21.4mph	01:09:08.83
			Transition 2	00:00:53.14		45:05		0.0mph	01:10:01.97
			Mile Run	00:09:21.64		09:21		6.4mph	01:19:23.60
12	STEVEN ROHR	DE PERE, WI	M: 8	RUNNER	138	01:19:33.50	04:11	14.3mph	Overall Male Individual: 8
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			5K Run	00:22:31.58		07:15		8.3mph	00:22:31.58
			Transition 1	00:01:46.33		31:51		0.0mph	00:24:17.91
			16 Mile Bike Ride	00:44:08.44		02:45		21.7mph	01:08:26.34
			Transition 2	00:01:46.77		43:49		0.0mph	01:10:13.11
			Mile Run	00:09:20.40		09:20		6.4mph	01:19:33.50
13	STELZERS 2P TEAM	DE PERE, WI	: 4	2 PERSON TEAM	206	01:20:12.90	04:13	14.2mph	Overall 2 Person Team: 3
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			5K Run	00:26:03.64		08:23		7.2mph	00:26:03.64
			Transition 1	00:00:24.44		55:25		0.1mph	00:26:28.08
			16 Mile Bike Ride	00:43:57.71		02:44		21.8mph	01:10:25.79
			Transition 2	00:00:14.59		31:13		0.2mph	01:10:40.38
			Mile Run	00:09:32.52		09:32		6.3mph	01:20:12.90
14	JESSICA MEHRE	MADISON, WI	F: 2	RUNNER	130	01:20:51.40	04:15	14.1mph	Overall Female Individual: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			5K Run	00:21:46.90		07:00		8.6mph	00:21:46.90
			Transition 1	00:01:24.47		45:40		0.0mph	00:23:11.37
			16 Mile Bike Ride	00:47:36.79		02:58		20.2mph	01:10:48.16
			Transition 2	00:01:03.81		31:27		0.0mph	01:11:51.96
			Mile Run	00:08:59.45		08:59		6.7mph	01:20:51.40
15	ROSS GLINIECKI	MEQUON, WI	M: 9	RUNNER	118	01:21:46.62	04:18	13.9mph	Overall Male Individual: 9
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			5K Run	00:21:02.06		06:46		8.9mph	00:21:02.06
			Transition 1	00:01:11.21		49:48		0.0mph	00:22:13.26
			16 Mile Bike Ride	00:48:48.90		03:03		19.7mph	01:11:02.16
			Transition 2	00:01:08.74		43:44		0.0mph	01:12:10.89
			Mile Run	00:09:35.73		09:35		6.3mph	01:21:46.62
16	KURT GREENSLIT	GREEN BAY, WI	M: 10	RUNNER	119	01:22:16.91	04:19	13.9mph	Overall Male Individual: 10
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			5K Run	00:23:47.15		07:39		7.8mph	00:23:47.15
			Transition 1	00:01:19.91		43:09		0.0mph	00:25:07.05
			16 Mile Bike Ride	00:46:53.63		02:55		20.5mph	01:12:00.68
			Transition 2	00:00:50.74		40:43		0.0mph	01:12:51.41
			Mile Run	00:09:25.51		09:25		6.4mph	01:22:16.91
17	SCOT RAJSICH	APPLETON, WI	M: 11	RUNNER	137	01:24:23.87	04:26	13.5mph	Overall Male Individual: 11
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			5K Run	00:24:57.26		08:01		7.5mph	00:24:57.26
			Transition 1	00:01:33.09		36:51		0.0mph	00:26:30.35
			16 Mile Bike Ride	00:45:17.88		02:49		21.2mph	01:11:48.22
			Transition 2	00:01:42.08		37:55		0.0mph	01:13:30.30
			Mile Run	00:10:53.57		10:53		5.5mph	01:24:23.87
18	MAGGIE DELOYE	WAUSAU, WI	F: 3	RUNNER	111	01:24:50.62	04:27	13.4mph	Overall Female Individual: 3
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			5K Run	00:22:36.23		07:16		8.2mph	00:22:36.23
			Transition 1	00:00:37.87		55:39		0.1mph	00:23:14.10
			16 Mile Bike Ride	00:52:41.73		03:17		18.2mph	01:15:55.82
			Transition 2	00:00:22.82		11:58		0.1mph	01:16:18.64
			Mile Run	00:08:31.99		08:31		7.0mph	01:24:50.62

Living Life Duathlon

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
19	MIKE FOX	WRIGHTSTOWN, WI	M: 12	RUNNER	116	01:25:20.28	04:29	13.4mph	Overall Male Individual: 12	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:21:45.47		07:00	8.6mph	00:21:45.47
				Transition 1		00:01:08.23		30:00	0.0mph	00:22:53.69
				16 Mile Bike Ride		00:53:03.83		03:18	18.1mph	01:15:57.52
				Transition 2		00:00:29.58		13:09	0.1mph	01:16:27.09
				Mile Run		00:08:53.20		08:53	6.8mph	01:25:20.28
20	TEAM NATZKE 3P TEAM	DE PERE, WI	: 5	3 PERSON TEAM	301	01:25:49.97	04:31	13.3mph	Overall 3 Person Team: 2	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:18:04.16		05:48	10.3mph	00:18:04.16
				Transition 1		00:00:17.92		00:24	0.1mph	00:18:22.07
				16 Mile Bike Ride		01:00:40.28		03:47	15.8mph	01:19:02.34
				Transition 2		00:00:14.68		33:38	0.2mph	01:19:17.02
				Mile Run		00:06:32.95		06:32	9.2mph	01:25:49.97
21	TERI KRIER	DE PERE, WI	F: 4	RUNNER	124	01:27:20.95	04:35	13.1mph	Overall Female Individual: 4	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:25:37.10		08:14	7.3mph	00:25:37.10
				Transition 1		00:01:12.48		23:55	0.0mph	00:26:49.58
				16 Mile Bike Ride		00:49:51.49		03:06	19.3mph	01:16:41.07
				Transition 2		00:00:44.61		56:23	0.1mph	01:17:25.67
				Mile Run		00:09:55.28		09:55	6.0mph	01:27:20.95
22	ANDREW GLINIECKI	GREEN BAY, WI	M: 13	RUNNER	117	01:28:20.67	04:38	12.9mph	Overall Male Individual: 13	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:21:53.89		07:02	8.5mph	00:21:53.89
				Transition 1		00:00:59.49		35:29	0.0mph	00:22:53.38
				16 Mile Bike Ride		00:54:01.29		03:22	17.8mph	01:16:54.66
				Transition 2		00:00:49.34		03:18	0.0mph	01:17:44.00
				Mile Run		00:10:36.68		10:36	5.7mph	01:28:20.67
23	RYAN DUCKART	DE PERE, WI	M: 14	RUNNER	114	01:29:16.78	04:41	12.8mph	Overall Male Individual: 14	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:24:37.27		07:55	7.6mph	00:24:37.27
				Transition 1		00:01:54.75		17:43	0.0mph	00:26:32.02
				16 Mile Bike Ride		00:49:06.13		03:04	19.6mph	01:15:38.15
				Transition 2		00:01:16.63		15:09	0.0mph	01:16:54.77
				Mile Run		00:12:22.02		12:21	4.9mph	01:29:16.78
24	NOAH WITCPALEK	GREENLEAF, WI	M: 15	RUNNER	154	01:31:04.19	04:47	12.5mph	Overall Male Individual: 15	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:24:10.16		07:46	7.7mph	00:24:10.16
				Transition 1		00:01:00.94		14:28	0.0mph	00:25:11.10
				16 Mile Bike Ride		00:52:52.73		03:18	18.2mph	01:18:03.82
				Transition 2		00:01:17.06		26:47	0.0mph	01:19:20.88
				Mile Run		00:11:43.31		11:43	5.1mph	01:31:04.19
25	TOM TORZALA	WRIGHTSTOWN, WI	M: 16	RUNNER	145	01:31:10.20	04:47	12.5mph	Overall Male Individual: 16	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:26:27.64		08:31	7.0mph	00:26:27.64
				Transition 1		00:01:59.89		35:40	0.0mph	00:28:27.53
				16 Mile Bike Ride		00:49:53.84		03:07	19.2mph	01:18:21.37
				Transition 2		00:01:16.97		24:30	0.0mph	01:19:38.34
				Mile Run		00:11:31.87		11:31	5.2mph	01:31:10.20
26	KAIDEN DEGROOT	KAUKAUNA, WI	M: 17	RUNNER	110	01:31:24.33	04:48	12.5mph	Overall Male Individual: 17	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:20:42.94		06:40	9.0mph	00:20:42.94
				Transition 1		00:01:01.40		26:42	0.0mph	00:21:44.34
				16 Mile Bike Ride		00:59:40.19		03:43	16.1mph	01:21:24.52
				Transition 2		00:00:53.96		07:16	0.0mph	01:22:18.48
				Mile Run		00:09:05.86		09:05	6.6mph	01:31:24.33
27	TONY BOMBER	COMBINED LOCKS, WI	M: 18	RUNNER	106	01:31:30.50	04:48	12.5mph	Overall Male Individual: 18	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				5K Run		00:22:04.56		07:06	8.4mph	00:22:04.56
				Transition 1		00:01:58.77		05:28	0.0mph	00:24:03.33
				16 Mile Bike Ride		00:55:04.31		03:26	17.4mph	01:19:07.63
				Transition 2		00:01:22.40		49:56	0.0mph	01:20:30.02
				Mile Run		00:11:00.48		11:00	5.5mph	01:31:30.50

Living Life Duathlon

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
28	PACE MAKERS 2P TEAM	KAUKAUNA, WI	: 6	2 PERSON TEAM	205	01:32:18.93	04:51	12.3mph	Overall 2 Person Team: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:27:10.90	08:44	6.9mph	00:27:10.90
						Transition 1	00:00:21.95	48:44	0.1mph	00:27:32.85
						16 Mile Bike Ride	00:53:46.44	03:21	17.9mph	01:21:19.29
						Transition 2	00:00:21.33	32:04	0.1mph	01:21:40.62
						Mile Run	00:10:38.31	10:38	5.6mph	01:32:18.93
29	GARY HRUSKA	GREENLEAF, WI	M: 19	RUNNER	121	01:33:06.80	04:54	12.2mph	Overall Male Individual: 19	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:22:36.13	07:16	8.2mph	00:22:36.13
						Transition 1	00:03:37.38	10:33	0.0mph	00:26:13.51
						16 Mile Bike Ride	00:55:47.50	03:29	17.2mph	01:22:01.00
						Transition 2	00:01:40.44	53:47	0.0mph	01:23:41.43
						Mile Run	00:09:25.37	09:25	6.4mph	01:33:06.80
30	RYAN VERSTEGEN	KAUKAUNA, WI	M: 20	RUNNER	148	01:33:50.78	04:56	12.1mph	Overall Male Individual: 20	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:22:26.62	07:13	8.3mph	00:22:26.62
						Transition 1	00:04:05.09	33:51	0.0mph	00:26:31.71
						16 Mile Bike Ride	00:54:15.17	03:23	17.7mph	01:20:46.88
						Transition 2	00:03:36.14	37:09	0.0mph	01:24:23.01
						Mile Run	00:09:27.78	09:27	6.3mph	01:33:50.78
31	CAROL LEVENDUSKY	MANITOWOC, WI	F: 5	RUNNER	127	01:35:09.34	05:00	12.0mph	Overall Female Individual: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:28:18.59	09:06	6.6mph	00:28:18.59
						Transition 1	00:01:51.59	53:04	0.0mph	00:30:10.17
						16 Mile Bike Ride	00:52:39.73	03:17	18.2mph	01:22:49.90
						Transition 2	00:01:46.07	25:01	0.0mph	01:24:35.97
						Mile Run	00:10:33.37	10:33	5.7mph	01:35:09.34
32	CHRIS CONRAD	DENMARK, WI	M: 21	RUNNER	108	01:35:44.90	05:02	11.9mph	Overall Male Individual: 21	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:28:46.88	09:15	6.5mph	00:28:46.88
						Transition 1	00:01:51.61	53:36	0.0mph	00:30:38.49
						16 Mile Bike Ride	00:52:09.22	03:15	18.4mph	01:22:47.71
						Transition 2	00:01:23.82	28:02	0.0mph	01:24:11.52
						Mile Run	00:11:33.38	11:33	5.2mph	01:35:44.90
33	HOLLY DECLEENE	GREENLEAF, WI	F: 6	RUNNER	109	01:36:14.93	05:03	11.8mph	Overall Female Individual: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:25:39.32	08:15	7.3mph	00:25:39.32
						Transition 1	00:01:24.25	39:38	0.0mph	00:27:03.57
						16 Mile Bike Ride	00:57:35.48	03:35	16.7mph	01:24:39.05
						Transition 2	00:01:17.27	32:28	0.0mph	01:25:56.31
						Mile Run	00:10:18.62	10:18	5.8mph	01:36:14.93
34	JEN VERSTEGEN	KAUKAUNA, WI	F: 7	RUNNER	147	01:38:35.51	05:11	11.6mph	Overall Female Individual: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:26:23.42	08:29	7.1mph	00:26:23.42
						Transition 1	00:01:26.34	35:40	0.0mph	00:27:49.76
						16 Mile Bike Ride	00:58:19.50	03:38	16.5mph	01:26:09.26
						Transition 2	00:01:34.72	20:27	0.0mph	01:27:43.97
						Mile Run	00:10:51.55	10:51	5.5mph	01:38:35.51
35	AMANDA LANG	DE PERE, WI	F: 8	RUNNER	125	01:40:54.88	05:18	11.3mph	Overall Female Individual: 8	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:26:24.80	08:30	7.1mph	00:26:24.80
						Transition 1	00:01:42.87	59:07	0.0mph	00:28:07.67
						16 Mile Bike Ride	01:00:21.30	03:46	15.9mph	01:28:28.96
						Transition 2	00:01:07.28	04:33	0.0mph	01:29:36.24
						Mile Run	00:11:18.64	11:18	5.3mph	01:40:54.88
36	ANGELA DIEDRICH	KAUKAUNA, WI	F: 9	RUNNER	112	01:41:49.52	05:21	11.2mph	Overall Female Individual: 9	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:30:48.83	09:55	6.0mph	00:30:48.83
						Transition 1	00:01:14.41	15:38	0.0mph	00:32:03.23
						16 Mile Bike Ride	00:56:41.49	03:32	16.9mph	01:28:44.72
						Transition 2	00:00:37.06	34:00	0.1mph	01:29:21.78
						Mile Run	00:12:27.75	12:27	4.8mph	01:41:49.52

Living Life Duathlon

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
37	JESSICA MAUERMANN	WRIGHTSTOWN, WI	F: 10	RUNNER	129	01:43:04.40	05:25	11.1mph	Overall Female Individual: 10	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:27:12.52	08:45	6.9mph	00:27:12.52
						Transition 1	00:03:33.90	37:04	0.0mph	00:30:46.41
						16 Mile Bike Ride	00:57:57.62	03:37	16.6mph	01:28:44.02
						Transition 2	00:02:03.31	07:18	0.0mph	01:30:47.32
						Mile Run	00:12:17.08	12:17	4.9mph	01:43:04.40
38	ASHLEY VERBETEN	GREENLEAF, WI	F: 11	RUNNER	146	01:44:28.76	05:29	10.9mph	Overall Female Individual: 11	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:25:33.82	08:13	7.3mph	00:25:33.82
						Transition 1	00:01:22.80	00:40	0.0mph	00:26:56.62
						16 Mile Bike Ride	01:06:12.75	04:08	14.5mph	01:33:09.37
						Transition 2	00:00:58.07	57:24	0.0mph	01:34:07.43
						Mile Run	00:10:21.33	10:21	5.8mph	01:44:28.76
39	JAMIE FISHER	VALDERS, WI	F: 12	RUNNER	115	01:45:22.97	05:32	10.8mph	Overall Female Individual: 12	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:31:35.01	10:09	5.9mph	00:31:35.01
						Transition 1	00:02:45.94	10:39	0.0mph	00:34:20.94
						16 Mile Bike Ride	00:57:36.09	03:36	16.7mph	01:31:57.03
						Transition 2	00:01:26.38	36:51	0.0mph	01:33:23.41
						Mile Run	00:11:59.57	11:59	5.0mph	01:45:22.97
40	LOREN BEYER	KIMBERLY, WI	M: 22	RUNNER	103	01:48:39.55	05:43	10.5mph	Overall Male Individual: 22	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:37:56.77	12:12	4.9mph	00:37:56.77
						Transition 1	00:02:24.77	42:52	0.0mph	00:40:21.53
						16 Mile Bike Ride	00:51:53.48	03:14	18.5mph	01:32:15.01
						Transition 2	00:00:48.35	36:45	0.0mph	01:33:03.35
						Mile Run	00:15:36.20	15:36	3.8mph	01:48:39.55
41	JACOB LANG	DE PERE, WI	M: 23	RUNNER	126	01:49:36.72	05:46	10.4mph	Overall Male Individual: 23	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:25:48.30	08:18	7.2mph	00:25:48.30
						Transition 1	00:02:36.03	44:55	0.0mph	00:28:24.33
						16 Mile Bike Ride	01:07:06.21	04:11	14.3mph	01:35:30.53
						Transition 2	00:01:41.58	24:23	0.0mph	01:37:12.10
						Mile Run	00:12:24.62	12:24	4.8mph	01:49:36.72
42	DEB JOHNSON	DE PERE, WI	F: 13	RUNNER	122	01:51:23.49	05:51	10.2mph	Overall Female Individual: 13	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:31:08.75	10:01	6.0mph	00:31:08.75
						Transition 1	00:03:13.55	31:22	0.0mph	00:34:22.30
						16 Mile Bike Ride	01:01:37.94	03:51	15.6mph	01:36:00.23
						Transition 2	00:01:51.43	48:47	0.0mph	01:37:51.66
						Mile Run	00:13:31.83	13:31	4.4mph	01:51:23.49
43	MIXFITS 2P TEAM	DE PERE, WI	: 7	2 PERSON TEAM	202	01:51:36.54	05:52	10.2mph	Overall 2 Person Team: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:26:08.70	08:24	7.1mph	00:26:08.70
						Transition 1	00:00:29.23	03:54	0.1mph	00:26:37.93
						16 Mile Bike Ride	01:14:22.65	04:38	12.9mph	01:41:00.57
						Transition 2	00:00:19.09	31:49	0.1mph	01:41:19.65
						Mile Run	00:10:16.89	10:16	5.8mph	01:51:36.54
44	STACY TORZALA	WRIGHTSTOWN, WI	F: 14	RUNNER	156	01:52:15.08	05:54	10.2mph	Overall Female Individual: 14	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:33:31.34	10:47	5.6mph	00:33:31.34
						Transition 1	00:01:01.17	20:35	0.0mph	00:34:32.50
						16 Mile Bike Ride	01:01:28.68	03:50	15.6mph	01:36:01.18
						Transition 2	00:00:54.10	10:50	0.0mph	01:36:55.27
						Mile Run	00:15:19.81	15:19	3.9mph	01:52:15.08
45	SARAH SHAFFER	SUAMICO, WI	F: 15	RUNNER	144	01:56:04.81	06:06	9.8mph	Overall Female Individual: 15	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						5K Run	00:29:41.84	09:33	6.3mph	00:29:41.84
						Transition 1	00:04:03.53	51:51	0.0mph	00:33:45.36
						16 Mile Bike Ride	01:05:37.65	04:06	14.6mph	01:39:23.01
						Transition 2	00:02:27.11	45:48	0.0mph	01:41:50.12
						Mile Run	00:14:14.69	14:14	4.2mph	01:56:04.81

Living Life Duathlon

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
46	TWO SKI'S 2P TEAM	APPLETON, WI	: 8	2 PERSON TEAM	203	01:58:11.06	06:13	9.6mph	Overall 2 Person Team: 6
<i><u>Split Description</u></i>									
<i><u>Split Time</u></i>									
<i><u>Pace</u></i>									
<i><u>Speed</u></i>									
<i><u>Cumulative</u></i>									
5K Run 00:30:54.04 09:56 6.0mph 00:30:54.04									
Transition 1 00:00:41.20 24:51 0.1mph 00:31:35.23									
16 Mile Bike Ride 01:07:56.12 04:14 14.1mph 01:39:31.35									
Transition 2 00:00:58.57 10:52 0.0mph 01:40:29.92									
Mile Run 00:17:41.14 17:41 3.4mph 01:58:11.06									
47	RALINDA NINHAM-LAMBERIES	GREEN BAY, WI	F: 16	RUNNER	133	02:04:19.53	06:32	9.2mph	Overall Female Individual: 16
<i><u>Split Description</u></i>									
<i><u>Split Time</u></i>									
<i><u>Pace</u></i>									
<i><u>Speed</u></i>									
<i><u>Cumulative</u></i>									
5K Run 00:37:24.32 12:02 5.0mph 00:37:24.32									
Transition 1 00:04:47.24 24:13 0.0mph 00:42:11.55									
16 Mile Bike Ride 01:01:52.58 03:52 15.5mph 01:44:04.13									
Transition 2 00:03:29.99 52:14 0.0mph 01:47:34.11									
Mile Run 00:16:45.43 16:45 3.6mph 02:04:19.53									
48	RYAN STRENN	DE PERE, WI	M: 24	RUNNER	143	02:04:49.87	06:34	9.1mph	Overall Male Individual: 24
<i><u>Split Description</u></i>									
<i><u>Split Time</u></i>									
<i><u>Pace</u></i>									
<i><u>Speed</u></i>									
<i><u>Cumulative</u></i>									
5K Run 00:33:35.79 10:48 5.5mph 00:33:35.79									
Transition 1 00:02:02.26 39:11 0.0mph 00:35:38.04									
16 Mile Bike Ride 01:12:34.77 04:32 13.2mph 01:48:12.81									
Transition 2 00:01:40.58 57:37 0.0mph 01:49:53.38									
Mile Run 00:14:56.49 14:56 4.0mph 02:04:49.87									
49	THERESA OLSEN	DENMARK, WI	F: 17	RUNNER	136	02:04:52.75	06:34	9.1mph	Overall Female Individual: 17
<i><u>Split Description</u></i>									
<i><u>Split Time</u></i>									
<i><u>Pace</u></i>									
<i><u>Speed</u></i>									
<i><u>Cumulative</u></i>									
5K Run 00:36:57.72 11:53 5.0mph 00:36:57.72									
Transition 1 00:04:39.32 51:56 0.0mph 00:41:37.04									
16 Mile Bike Ride 01:06:01.26 04:07 14.5mph 01:47:38.30									
Transition 2 00:02:22.34 37:50 0.0mph 01:50:00.64									
Mile Run 00:14:52.12 14:52 4.0mph 02:04:52.75									
50	JENNY SCHAUMBERG	SEYMOUR, WI	F: 18	RUNNER	140	02:09:54.39	06:50	8.8mph	Overall Female Individual: 18
<i><u>Split Description</u></i>									
<i><u>Split Time</u></i>									
<i><u>Pace</u></i>									
<i><u>Speed</u></i>									
<i><u>Cumulative</u></i>									
5K Run 00:33:24.98 10:45 5.6mph 00:33:24.98									
Transition 1 00:01:22.76 59:42 0.0mph 00:34:47.74									
16 Mile Bike Ride 01:18:50.53 04:55 12.2mph 01:53:38.26									
Transition 2 00:00:42.92 11:09 0.1mph 01:54:21.18									
Mile Run 00:15:33.21 15:33 3.9mph 02:09:54.39									
51	CINDY VOSTERS	DE PERE, WI	F: 19	RUNNER	149	02:09:55.14	06:50	8.8mph	Overall Female Individual: 19
<i><u>Split Description</u></i>									
<i><u>Split Time</u></i>									
<i><u>Pace</u></i>									
<i><u>Speed</u></i>									
<i><u>Cumulative</u></i>									
5K Run 00:33:26.32 10:45 5.6mph 00:33:26.32									
Transition 1 00:01:21.86 35:27 0.0mph 00:34:48.17									
16 Mile Bike Ride 01:18:48.52 04:55 12.2mph 01:53:36.69									
Transition 2 00:00:45.68 25:01 0.0mph 01:54:22.36									
Mile Run 00:15:32.79 15:32 3.9mph 02:09:55.14									